**FOOD ITEMS**

* Starches
  + Pasta
  + Rice and rice mixes
  + Dry Noodles
  + Macaroni and Cheese Mix
  + Cold Cereals
  + Oatmeal
  + Whole Grain Crackers
  + Granola Bars
  + Graham Crackers
  + Flour
  + Bread, muffins, and baked good Mixes
  + Protein Foods (6 cans each)
  + Canned Tuna
  + Canned Beef Stew
  + Canned Bean soups
  + Canned beans
  + Canned Chili
  + Peanut Butter
  + Canned Nuts
  + Canned Chicken
  + Dairy Products
  + Instant breakfast Drinks (Carnation)
  + Boxed Puddings
  + Vegetables
  + Canned Green Beans
  + Canned Corn
  + Canned Tomatoes
  + Vegetable Mixes Canned
  + Vegetable soups
  + Spaghetti Sauce
  + V-8 Juice
  + Fruits
  + Canned fruit
  + Raisins
  + Apple sauce
  + Dried Fruits
  + Individually Bottled Fruit Juice
  + Oil and Condiments
  + Vegetable Oil
  + Cooking Oil (Olive Oil)
  + Salad Dressings
  + Syrup
  + Jelly and Jam
  + Mayonnaise
  + Mustard
  + Ketchup

**NON-FOOD ITEMS**

* + Paper Products
  + Toilet Paper
  + Paper Towels
  + Napkins
  + Tissue
  + Soap Products
  + Hand Soap
  + Laundry Soap
  + Dish Soap
  + Windex
  + Clorox Wipes
  + Sponges
  + Personal Care Products
  + Shampoo
  + Toothpaste
  + Toothbrushes
  + Shaving Cream
  + Disposable Razors (Male and Female)
  + Deodorant (Male and Female)
  + Feminine Hygiene Products
  + Extras
  + Teas
  + Spices (Salt, Pepper, Garlic Powder, Onion Powder, Chili Powder)